



Bubble Tea

Serves 2

Ingredients :

- 2 English breakfast tea bags
- Selati sweetener or Castor sugar, to taste
- 1 cup boiling water
- ¼ cup tapioca
- 1 cup milk
- 1 cup ice cubes

Methods :

1. Place tea bags, sweetener or sugar and boiling water in a heatproof jug.
2. Stir to dissolve sugar and set aside for 5 minutes for the flavours to develop.
3. Remove the tea bags and cool.
4. Boil the tapioca in 1.5 litres of water until tender then rinse well.
5. Add tapioca to the tea mixture and stir gently to combine.
6. Divide ice cubes between chilled glasses, top with the tea and serve.

TIP For a decadent iced tea, sweeten with condensed milk or use chai or rooibos tea bags.