



Frozen mint lemonade

<https://youtu.be/4ZxBbYOqsGs>

Serves 2

Ingredients :

- 6 Tbs Selati Castor Snow or 2 Tbs Selati sweetener
- 210ml water
- Grated zest of 1 lime
- Grated zest of 1 lemon
- ½ cup fresh lemon juice
- 4 sprigs mint leaves, plus extra to garnish
- Handful of ice cubes
- 1-2 drops orange blossom water (optional)

Methods :

Combine the sugar or sweetener, water, zest and lemon juice in a saucepan and heat gently until the sugar is dissolved. Cool to room temperature.

Place the cooled syrup in a blender with the mint leaves, ice and orange blossom water then blender until slushy. Pour into glasses and decorate with extra mint.