



Homemade Flavoured Waters

Serves 6

Ingredients :

- 3L water
- Ice cubes
- 1 cup strawberries, quartered
- ¼ cucumber, sliced
- Few mint leaves, torn
- 1 cup pineapple wedges
- Few basil leaves, torn
- 2 limes, sliced
- 2 lemongrass sticks, bruised
- Selati sweetener, to taste

Methods :

1. Fill 3 jugs with 1L water and ice cubes.
2. Place the strawberries, cucumber and mint leaves in the one jug, the pineapple and basil in the other and lastly the lime and lemongrass sticks in the remaining jug.
3. Add a twist of Selati sweetener to each jug and stir well.