



Instant Frozen berry Yoghurt

Recipe by Zola Nene

Ingredients :

- 200g frozen mixed berries
- 400ml Parmalat plain yoghurt
- 4 Tbs (or to taste) Selati icing snow
- Cone cups
- Fresh berries to serve (optional)

Methods :

Place the frozen berries, yoghurt and Selati sugar into the blender and blend until pureed.

Once blended, spoon into cone cups and serve immediately topped with fresh berries.

Note: This recipe is best served immediately, but should you choose to freeze it for future use, make sure that you re-blend the entire mixture prior to serving.