



## **Jam doughnut milkshake**

<https://youtu.be/hgzOYWh4Xy8>

Serves 4

*Recipe by Zola Nene*

*Every Year, on the 6<sup>th</sup> June, the US celebrates Donut Day. In honour of their celebration, I've created a smoothie recipe that tastes just like a jam filled doughnut!*

### **Ingredients :**

- 2 cinnamon and sugar doughnuts, torn
- 4 Tbs strawberry jam
- ½ cup frozen strawberries
- 4 generous scoops vanilla ice cream
- 1 cup milk
- Selati sweetener / Selati sugar to taste

### **Methods :**

1. Place doughnuts, jam, strawberries, ice cream and half the milk in a blender and blend until smooth.
2. If the mixture is too thick, add more milk.
3. Sweeten to taste as desired.